## PRODUCT INFORMATION BOOK

All products are made, packaged or handled in facilities/stores that also process milk, egg, fish, tree nuts, peanuts, soy, lupin, sesame \& gluten from cereals.

| Product Name | Allergen Statement | Ingredients | Wt <br> (g) | kJ (Per Serve) |
| :---: | :---: | :---: | :---: | :---: |
| Hot Food |  |  |  |  |
| Memphis Bite | Contains: Gluten (Wheat) \& Soy. <br> May Contain: Milk, Egg, Crustacea \& Fish Products. | Chicken (67\%), Coating (Wheat Flour, Herbs \& Spices, Yeast, Salt, Colours (150a, 160c, 160b, 100), Wheat Gluten, Sugar, Canola Oil, Dehydrated Vegetables, Acidity Regulators (262, 330), Fructose, Worcestershire Sauce, Flavours, Yeast Extract), Batter(Wheat Flour, Modified Starch (1404), Maize Starch, Salt, Thickener (412), Dehydrated Onion, Hydrolysed Vegetable Protein (Wheat), Spice, Herb), Vegetable Oil, Seasonings, Soy Protein, Emulsifiers (451, 450), Flavour Enhancer ( 635,920 ), Onion Powder, Pepper. | 45g | 420kJ |
| Southern Style Chicken Bite | Contains: Gluten (Wheat) \& Milk. <br> May Contain: Soy, Egg, Crustacea \& Fish Products. | Chicken (60\%), Crumb (Wheat Flour, Yeast, Maize Starch, Salt, Spices \& Herbs, Emulsifiers (471, 481), Milk Solids, Raising Agent (500), Acidity Regulator (263)), Batter (Water, Thickeners (1404, 412), Wheat Flour, Hydrolysed Vegetable Protein (Wheat)), Vegetable Oil, Seasonings (Salt, Pepper, Spice Extract), Emulsifiers (451, 450), Flavour Enhancer (635). | 45g | 350 |
| Mac \& Cheese Bite | Contains: Gluten (Wheat) \& Milk. <br> May Contain: Egg, Soy, Crustacea \& Fish Products | Pasta (37\%) (Wheat Flour, Water), Water, Cheese Sauce (11\%) (Milk Solids, Thickeners (1442, 412), Maltodextrin, Beverage Whitener (Tapioca Syrup, Vegetable Oil, Emulsifier (340)), Cheese Powder (Milk), Salt, Onion Powder, Mineral Salts (451, 452), Yeast Extract, Sugar, Flavour Enhancer (635), Colours (100, 160a), Spice Extracts), Bacon (Beef, Water, Salt, Sugar, Thickener (407), Mineral Salts (451, 452, 500), Antioxidant (316), Preservative (250)), Cheese (5\%) (Milk, Preservative (200), Salt, Emulsifier (450, 452), Acidity Regulator (330)), Cheese Powder (Milk Solids, Cheese Solids), Breadcrumbs (Wheat, Colour (160b)), Onions, Batter (Wheat Flour, Thickener (412), Modified Starch (1404)), Vegetable Oil, Chives, Pepper. | 45g | 410 |

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| Smoky BBQ Beef Bite | Contains: Gluten (Wheat) \& Soy <br> May Contain: Milk, Egg, Fish \& Crustacea. | Batter [Water, Wheat Flour, Starch (Maize), Salt, Thickeners (401, 464)], Beef (15\%), Breadcrumbs [Wheat Flour, Glucose, Salt, Yeast, Natural Colour (100)], Sautéed Onion, Potato Flakes (Re-hydrated) (11\%) [Water, Potatoes, Emulsifiers (471, 450), Antioxidant (Citric Acid)], Potato Fries (9\%) [Potatoes, Sunflower Oil], Water, Marinade (Contains Soy, Mineral Salts (450, 451, 508), Thickeners (1442, 407a, 407, 415)), Seasonings (Contain Thickeners (1422, 1442, 415), Colour (150c), Acidity Regulators (262, 330), Stabiliser (407)), Vegetable Oil, Starch (Maize), Salt, Pepper | 45 g | 312 kJ |
| :---: | :---: | :---: | :---: | :---: |
| Potato, Bacon \& Cheese Bite | Contains: Gluten (Wheat) \& Milk <br> May Contain Egg, Soy, Fish \& Crustacea | Potato Fries (19\%) [Potatoes, Sunflower Oil], Re-hydrated Potato Flakes (15\%) [Water, Potatoes, Emulsifiers (471, 450), Antioxidant (330)], Veal Bacon (13\%) [Beef, Water, Salt, Starch (Potato), Sugar, Preservatives (325, 262, 250), Mineral Salts (451, 450), Thickeners (407, 415), Antioxidant (316)], Cheese (13\%) [Milk, Salt, Cultures, Rennet, Water, Milk Solids, Anti-caking Agent (460), Preservative (200), Emulsifiers (450, 452), Acidity Regulator (330)], Batter [Water, Wheat Flour, Starch (Maize), Salt, Thickeners $(401,464)]$, Sautéed Onion, Breadcrumbs [Wheat Flour, Glucose, Salt, Yeast, Natural Colour (100)], Starch (Maize), Vegetable Oil, Salt, White Pepper | 45 g | 294kJ |
| Crumbed Chicken Tender | Contains: Gluten (Wheat), Soy \& Sulphites. <br> May Contain: Egg, Milk \& Sesame | Chicken (45\%), Water Coating [Potato Flakes [Potato, Emulsifier (471), Mineral Salt (450), Preservative (223), Food Acid (330)], Wheat Flour, Rice Flour, Salt, Emulsifier (481), Dextrose, Spice Extracts (160c, 100, 160b) Yeast], Vegetable Oil (Canola, Cottonseed), Wheat Flour, Wheat Gluten, Wheat Starch, Salt, Tapioca Starch, Thickener (1404), Mineral Salts $(450,500,451)$, Vegetable Gums $(412,415)$, Soy Protein Isolate. | 63 | 579 |
| Serving suggestion |  |  |  |  |

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| Sweet Chilli Chicken Tenders <br> Serving suggestion | Contains: Gluten (Wheat), Soy \& Egg. <br> May Contain: - | Chicken (52\%), Sweet Chilli Coating (19\%) [Breadcrumbs (Wheat Flour, Maize Flour, Salt, Vegetable Oil (Canola, Soybean), Yeast, Sucrose, Spice Extracts (Paprika Oleoresin, Curcumin, Chilli, Ginger, Capsicum), Mineral Salts $(450,500,451)$, Emulsifier (481), Colours (102,110)), Rice Confection (Rice Flour, Sugar, Maize Flour, Vegetable Oil, Salt), Dehydrated Vegetables (Onion, Garlic, Including Red Pepper (Minimum 1\%)), Desiccated Coconut (Preservative (223)), Herb (Parsley), Sugar, Wheat Flour, Egg Powder, Vegetable Powder (Garlic), Chilli (Minimum 4.5\%), Hydrolysed Vegetable Protein (Maize), Food Acid (262), Flavour Enhancer (635), Flavouring (Lemon, Garlic, Citrus), Fructose, Salt, Humectant (422), Anti-caking Agent (551,341)], Water, Vegetable Oil (Canola, Cottonseed), Wheat Flour, Wheat Starch, Thickener (1404), Maize Flour, Salt, Sugar, Vegetable Gums (415, 461), Spice (Paprika, Pepper), Spice Extract (Paprika Oleoresin), Tapioca Starch, Soy Protein Isolate, Potassium \& Sodium Tri \& Diphosphates (E451, E450). | 63g | 591 kJ |
| :---: | :---: | :---: | :---: | :---: |
| Lasagna Topper | Contains: Gluten (Wheat), Soy \& Milk. <br> May Contain: Egg, Crustacea \& Fish Products | Beef (25\%), Breadcrumbs (Wheat Flour, Salt, Yeast, Flour Conditioners (516, 300), Enzymes, Acidity Regulator (263), Colour (160b)), Pasta (13\%) (Wheat Flour, Water), Batter (Water, Wheat Flour, Maize Starch, Salt, Thickeners (1404, 401, 464), Raising Agent (500)), Cheese (7\%) (Milk, Rennet, Culture, Salt, Water, Emulsifiers (450, 452)), Onions, Vegetable Oil, Tomato Paste (2\%), Seasonings (Sugar, Salt, Thickener (1422), Herbs \& Spices, Flavours, Hydrolysed Vegetable Proteins (Soy)), Soy Protein, Capsicum, Mineral Salt (451), Flavour Enhancer (635). | 143 g | 1500kJ |

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| Slices \& Tarts |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Brookie | Contains: Gluten, Egg, Milk, Soy <br> May Contain: Tree Nuts, Sesame, Peanuts | Dark Chocolate[Sugar, Vegetable Fat(Acidity Regulator(330)), Cocoa, Milk Solids, Emulsifier(492, 322soy), Flavour), Condensed Milk (Milk Solids, Sugar), Wheat Flour, Butter [Cream, Water, Salt], Dark Chocolate[Sugar, Cocoa Mass, Cocoa Butter, Milk Solids, Emulsifiers (322soy, 476)], Brown Sugar, Sugar, Egg, Dark Chocolate(322soy, 492), Raising Agent (500), Flavour, lodised Salt | 80g | 1570kJ |
| Brownie with Hazelnut \& Wattleseed | Contains: Gluten, Milk, Soy, Tree Nuts <br> May Contain: - | Sugar, Egg, Butter, Wheat Flour, Chocolate: [Sugar, Vegetable Fats \& Oils, Emulsifiers ( 322 Soy, 492 Soy), Antioxidant (330), Cocoa Powder, Milk Solids, Salt, Flavour), Hazelnut (4\%), Cocoa Powder, Wattleseed ( $0.5 \%$ ), Raising Agents (E450, E500) | 42g | 1070kJ |
| Coconut Slice With Raspberry \& Bush Plum | Contains: Gluten, Milk, Soy, <br> May Contain: Tree Nuts, Peanuts, Sesame, Sulphites | Sugar, Coconut (20\%), Egg, Vegetable Oils \& Fats (Contains Soybean Oil), Butter, Wheat Flour, Raspberry Spread (6\%): ISugar, Plum, Apple, Raspberries ( $8 \%$ ), Gelling Agent (440), Acidity Regulator (330), Flavour, Preservative (202), Colour (122, 124)], Plum Spread: [Sugar, Plum, Gelling Agent (440), Acidity Regulator (330), Preservative (202)], Modified Corn Starch, Davidson Plum ( $0.5 \%$ ), Raising Agents $(450,500)$, Wheat Starch, Flavour, Water, Salt, Emulsifiers (471, 322 Soy, 476), Colours (E102, E110, 160a), Preservative (202, 220), Antioxidant (307b Soy) | 42g | 1100kJ |

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| Sweet Bread \& Muffins |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Banana Bread | Contains: Gluten (Wheat), Milk, Egg <br> May Contain: Tree Nuts, Peanuts, Sesame, Soy | Banana (27\%) [Acidity Regulator (300)], Wheat Flour, Sugar, Egg, Canola Oil, Butter (Cream, Salt), Flavour, Raising Agent (500), lodised Salt | 145g | 2170kJ |
| Raspberry White Choc Muffin | Contains: Gluten (Wheat), Egg, Milk, Soy <br> May Contain: Tree Nuts, Sesame Seeds, Peanuts | Wheat Flour, Sugar, Milk Solids, Maize Starch, Vege Oil (Antioxidant 320), Raising Agent( 541,500 ), Salt, Stabiliser(415), Emulsifier(477, Soy471), Egg, Canola Oil, Raspberries(11\%), Water, White Choc(8\%) [Sugar, Vegetable Fat (Emulsifier (492,322soy), Food Acid (330)), Milk Powder, Emulsifier (322soy), Natural Flavour], Wheat Flour, White Chocolate (322soy, 476)(1\%), Flavour, Raising Agent(500,541,170). | 150g | 2340kJ |
| Blueberry Muffin | Contains: Gluten, Milk, Egg, \& Soybean. <br> May Contain: Tree Nuts, Sesame \& Peanuts. | Wheat Flour, Sugar, Milk Solids, Maize Starch, Vege Oil (Antioxidant 320), Raising Agent(541,500), Salt, Stabiliser(415), Emulsifier(477, Soy 471), Egg, Canola Oil, Water, Blueberries(10\%), Wheat Flour, Sugar, Butter, Vinegar, Oats, Flavour, Raising Agent( $500,541,170$ ). | 150g | 2190kJ |

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| Cookies |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Double Choc Chunk Cookie | Contains: Gluten (Wheat), Milk, Egg \& Soy <br> May Contain: Peanuts, Tree Nuts \& Sesame | Wheat Flour, Sugar, White Confectionery Choc Chunks (20\%) (Sugar, Non Hydrogenated Palm Kernel, Skimmed Milk Powder, Emulsifier (322(From Soy)), Natural Flavour, Margarine (Non Hydrogenated Palm Fat, Water, Non Hydrogenated Rapeseed Oil, Emulsifier (471), Acid (330), Colour (160a)), Chocolate Chips (8.5\%), (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (322(From Soy)) Natural Flavour), Pasteurised Whole Egg, Low Fat Cocoa Powder (3\%), Water, Invert Sugar Syrup, Modified Maize Starch, Flavours, Raising Agent (500). | 56 | 1060 |
| White Choc \& Cranberry Cookie | Contains: Gluten (Wheat), Milk, Egg \& Soy <br> May Contain: Peanuts, Tree Nuts \& Sesame | Wheat Flour, Sugar, White Compound Chocolate Chunks (18\%) ISugar, Palm \& Palm Kernel Oils, Milk Powder, Vegetable Emulsifier (Soy Lecithin (322)), Vanilla Flavour], Margarine [Palm Oil, Water, Salt, Emulsifier (471 From Soy Or Palm), Acidity Regulator (330), Vitamin A, Colour (160e)], Cranberries (10\%) [Cranberries, Sugar, Sunflower Oill, Whole Egg, Molasses, Thickener (1422 From Maize), Raising Agent (500), Salt, Flavour. | 56 | 1020 |
| Chunky Choc Cookie | Contains: Gluten (Wheat), Milk, Egg \& Soy <br> May Contain: Peanuts, Tree Nuts \& Sesame | Wheat Flour, Dark Chocolate Chunks (26\%) ISugar, Unsweetened Chocolate, Cocoa Butter, Dextrose (From Corn), Emulsifier (Soy Lecithin (322)), Vanilla Flavour, Salt], Sugar, Margarine [Palm Oil, Water, Salt, Emulsifier (471 From Soy Or Palm), Acid (330), Vitamin A, Colour (160e)], Whole Egg, Invert Sugar, Molasses, Butter, Flavour (Vanilla From Milk), Thickener (1422 From Maize), Raising Agent (500), Salt. | 56 | 1060 |

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| Donuts |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Choc Iced Donut | Contains: Gluten, Milk, Soy <br> May Contain: Treenuts, Eggs, Peanuts, Sesame Seeds | Donut (Wheat Flour (Vitamins (Thiamin, Folic Acid)), Water, Vegetable Oil (Palm), Caster Sugar, Yeast, Canola Oil, Wheat Gluten, Skim Milk Powder, Improver (Soy Flour, Wheat Flour, Antioxidant (300), Enzymes), Salt (lodised), Emulsifier (322 From Soy), Mineral Salt (500), Vegetable Gum (415)], Icing [Sugar, Glucose, Water, Emulsifier (472c), Natural Chocolate Flavour, Cocoa, Natural Colour (150a, 120, 153)] | 80g | 1210kJ |
| Strawberry Iced Donut | Contains: Gluten, Milk, Soy <br> May Contain: Tree Nuts, Eggs, Peanuts, Sesame Seeds | Donut [Wheat Flour (Vitamins (Thiamin, Folic Acid)), Water, Vegetable Oil (Palm), Caster Sugar, Yeast, Canola Oil, Wheat Gluten, Skim Milk Powder, Improver (Soy Flour, Wheat Flour, Antioxidant (300), Enzymes), Salt (lodised), Emulsifier (322 From Soy), Mineral Salt (500), Vegetable Gum (415)], Icing [Sugar, Glucose, Water, Emulsifier (472c), Natural Strawberry Flavour, Natural Colour (120)] | 80g | 1250kJ |
|  | Contains: Gluten, Milk, Soy <br> May Contain: Tree Nuts, Eggs, Peanuts, Sesame Seeds | Donut [Wheat Flour (Vitamins (Thiamin, Folic Acid)), Water, Vegetable Oil (Palm), Caster Sugar, Yeast, Canola Oil, Wheat Gluten, Skim Milk Powder, Improver (Soy Flour, Wheat Flour, Antioxidant (300), Enzymes), Salt (lodised), Emulsifier (322 From Soy), Mineral Salt (500), Vegetable Gum (415)], Fruit Filling (10\%) [(Sugar, Apples, Gelling Agent (440), Acidity Regulator (330), Natural Flavour, Natural Colour (120) Preservative (202)), Icing [Sugar, Glucose, Water, Emulsifier (472c), Natural Chocolate Flavour, Cocoa, Natural Colour (150a, 120, 153)], Sprinkles [Sugar, Soybean Oil), Vegetable Fat, Wheat Glucose Syrup, Modified Wheat Starch (1422), Thickener (414), Emulsifier (Soy Lecithin), Natural Colour (100, 160a, 163), Plant Extract (Spirulina)]. | 120 g | 1890kJ |

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| Chocolate Milkshake | Contains: <br> Milk, Wheat, Soy <br> May Contain: <br> Peanut, Tree Nuts | Milk, Ice Cream [Water, Cream, Sugar, Milk Solids, Glucose Syrup (Wheat and or Corn), Maltodextrin, Vegetable Origin Emulsifier [471 (Soy)], Vegetable Gums (412, 466, 407a), Flavour.], Sugar, Dextrose, Cocoa, Milk Solids, Natural Flavours, Vegetable Gums (E466, E415, E407), Soya Lecithin, Colour(E150d), Salt, Acesulphame Potassium | 570 mL | 2140kJ |
| :---: | :---: | :---: | :---: | :---: |
| Iced Coffee | Contains: Milk, Wheat, Soy <br> May Contain: Peanut, Tree Nuts | Milk, Ice Cream [Water, Cream, Sugar, Milk Solids, Glucose Syrup Wheat and or Corn), Maltodextrin, Vegetable Origin Emulsifier [471 (Soy)], Vegetable Gums (412, 466, 407a), Flavour.], Coffee, Milk, Sugar, Milk Solids, Dextrose, Natural Flavours, Vegetable Gums (E466, E415, E407), Anti Caking Agent (551), Acesulphame Potassium, Ground Vanilla, Colour(E122). | 570mL | 1880kJ |
| Iced Mocha | Contains: Milk, Wheat, Soy <br> May Contain: Peanut, Tree Nuts | Milk, Ice Cream [Water, Cream, Sugar, Milk Solids, Glucose Syrup (Wheat and or Corn), Maltodextrin, Vegetable Origin Emulsifier [471 (Soy)], Vegetable Gums (412, 466, 407a), Flavour.], Coffee, Sugar, Dextrose, Cocoa, Milk Solids, Natural Flavours, Vegetable Gums (E466, E415, E407), Soya Lecithin, Colour(E150d), Salt, Acesulphame Potassium | 570 mL | 2140kJ |

